

**SEP. 09-14**

Baked Potato Bar, &  
Grilled Cheese Daily!  
Hot Dogs M-TH

**5 Meal Options Costs Pre-K & 1<sup>st</sup> \$5.00, 2<sup>nd</sup>-4<sup>th</sup> \$5.65, 5<sup>th</sup> -8<sup>th</sup> \$6.40**

Kid Pix .... Kids Favorites created the ECI way using Healthier Ingredients & a drink

Chef Meal .... Specialty items for a more sophisticated taste-made from scratch & a drink

Sandwich Meal .... Rotating options see list below – 2 sides & a drink

Soup or Salad Meal .... Rotating List below – Includes Bread or chips & a drink

Baked Potato Meal .... Giant Bakers all toppings 2 sides & a drink



**KID PIX-FAVORITES**

**CHEF SPECIAL**

**ADDITIONALLY**

**Chicken Tenders**

Buffalo, BBQ or Plain  
# Fries  
Fresh Item

**Spaghetti & Meat**

**Sauce**  
Garlic Breadstick  
Fresh item

**Cupcakes**  
**1.50**

09-10

**Taco Tuesday**

Crunchy or Soft  
Lots of toppings  
available!

**Chicken Quesadillas**

Rice and beans  
Fresh Item

**Churros**  
**1.50**

09-11

**Teriyaki Chicken**

White Rice  
Fresh Item  
Fortune Cookie

**Drumsticks**

BBQ or Plain  
Mashed Potatoes  
Fresh Item

**Giant Soft Pretzels**  
**\$2.55**

09-12

**Brunch for Lunch**

Pancakes, Eggs & Bacon,  
Yogurt and fresh fruit

**Breakfast Burritos**

(potatoes, cheese, egg, &  
sausage wrapped in a  
buttery tortilla)

**Giant Cinnamon Rolls**  
**\$1.85**

09-13

**Cheesy Pizza**

#Garlic Bread  
Fresh item

**Bowtie Pasta Bar**

Marinara or Alfredo  
Garlic bread  
Fresh Item

**Icees**  
**1.00**

09-14

**Deli Cooler Choices:**

**Salads:**

Chicken Caesar  
Chef, BBQ Chicken Ranch,  
Grilled Chicken, Spinach

**Sandwiches**

Ham, Turkey, Subs  
Variety of Wraps

**Other Deli Offerings:**

Hard Boiled Eggs  
Fruit Cups, Yogurt Parfaits  
Hummus Kits, Cheese  
Sticks, Jell-o, Pudding,  
Applesauce, Whole Fruit,  
Dill Pickles, Veggie Snacks

**Soup:**

Rotates Daily  
November – April  
No Meat on Friday's

- All Soup made from scratch

**Chefs Corner: Did you know?** ~ Apples are made of 25% air, which is why they float. ~Avocado has highest protein content of all fruit. ~Cherries are a member of the rose family.

**\*Available Daily for #Carb Exchange**  
Pudding or Jell-O Cup  
Fresh item Choice  
Single cookie  
Chips off Cart

**\*Daily Fresh Items**

Applesauce  
Fresh Fruit  
Side Salad

Veggie Dippers

**\*Available Daily A-La-Snack Carte:**

Fresh Baked Cookies &  
Brownies, Variety of Chips,  
Fruit Snacks & Rice Krispy  
Treats.

**\*Rotating Specials:**

Giant Pretzels  
Homemade deserts  
Mozzarella Sticks  
S'mores parfaits  
Churros  
Cupcakes  
Italian Ice

**\*\* All meals served with choice of: 2% White Milk or NF Chocolate, grape juice, apple juice, orange juice, or bottled water.**

Questions or concerns? E mail

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or call 817-431-3857 x614

Chef Robin